

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 1, 2025 thru Sep 5, 2025

AFTER-SCHOOL SNACKS

Generated on: 9/2/2025 8:04:31 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/02/2025																
AFTER-SCHOOL SNACKS	Total	500														
Cracker, Cheez-It Wh.Gr.-2013	pkg	1500	100	0	150	1.00	1.00	100.0	500	0.0	0	0.0	14.0	3.5	1.00	0.00
Sunflower Kernels, Honey Rst.	pkg	1500	170	0	88	2.00	0.72	20.0	0	0.0	*N/A*	4.0	8.0	14.0	1.50	0.00
Weighted Daily Average			810	0	714	9.00	5.16	360.0	1500	0.00	*0	12.00	66.00	52.50	7.50	0.00
% of Calories											*0.0%	5.9%	32.6%	58.3%	8.3%	0.0%
Nutrient Guideline			550		1230										<10.00	

Wed - 09/03/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Chex Choc Carmel '22	bag	1500	127	0	49	1.96	1.06	0.0	29	0.0	6	1.96	21.51	3.91	0.49	0.00
MILK,1% DW 2024	EACH(1/2 plnt)	1500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			741	45	597	5.87	3.17	1050.0	1588	0.00	60	32.86	106.52	19.23	5.96	0.00
% of Calories											32.2%	17.7%	57.5%	23.3%	7.2%	0.0%
Nutrient Guideline			550		1230										<10.00	

Thu - 09/04/2025																
AFTER-SCHOOL SNACKS	Total	1000														
Snack ChatSnax Vanilla Gra2022	bag	1000	120	0	105	1.00	0.72	0.0	40	0.0	8	2.0	21.0	4.0	1.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	1000	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			230	0	135	1.00	0.72	20.0	240	60.00	37	4.00	50.00	4.00	1.00	0.00
% of Calories											64.3%	7.0%	87.0%	15.7%	3.9%	0.0%
Nutrient Guideline			550		1230										<10.00	

Fri - 09/05/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack Sunchips Original MG	1.5 oz	1000	210	0	180	4.00	0.00	0.0	15	0.0	3	3.0	28.0	10.0	1.00	*N/A*
CHEESE, STRING MOZZERELLA	1 OZ.	1000	80	15	200	0.00	0.00	200.0	200	0.0	0	6.0	1.0	6.0	3.50	0.00
Weighted Daily Average			580	30	760	8.00	0.00	400.0	430	0.00	6	18.00	58.00	32.00	9.00	*0.00
% of Calories											4.1%	12.4%	40.0%	49.7%	14.0%	*0.0%
Nutrient Guideline			550		1230										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 1, 2025 thru Sep 5, 2025

AFTER-SCHOOL SNACKS

Generated on: 9/2/2025 8:04:31 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			590	19	551	5.97	2.26	457.5	939	15.00	*26 *39.1%	16.72 11.3%	70.13 47.5%	26.93 41.1%	5.87 8.9%	*0.00 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (If any)
Calories	590		550	107%				
Cholesterol (mg)	19							
Sodium 1 (mg)	551		1230	45%				
Sodium 1a (mg)	551						551	
Fiber (g)	5.97							
Iron (mg)	2.26							
Calcium (mg)	457.5							
Vitamin A (IU)	939							
Sugars (g)	26	17.38%			Missing			
Vitamin C (mg)	15.00							
Protein (g)	16.72	11.33%						
Carbohydrate (g)	70.13	47.52%						
Total Fat (g)	26.93	41.06%						
Saturated Fat (g)	5.87	8.94%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 8, 2025 thru Sep 12, 2025

AFTER-SCHOOL SNACKS

Generated on: 9/2/2025 8:04:55 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/08/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack-Scooby grahams 2022	pkg	1500	120	0	115	1.00	1.00	100.0	500	0.0	8	2.0	21.0	3.5	1.00	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	1500	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			720	0	435	3.00	3.00	360.0	2100	180.00	111	6.00	150.00	10.50	3.00	0.00
% of Calories											61.7%	3.3%	83.3%	13.1%	3.7%	0.0%
Nutrient Guideline			550		1230										<10.00	

Tue - 09/09/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Hartzel Pretzels '22	bag	1500	80	0	200	2.00	0.72	0.0	0	0.0	0	2.0	15.0	1.5	0.00	0.00
SPREAD, CHOCOLATE '25	SERVING (1M/MMA)	1500	170	0	35	2.00	2.00	11.0	*N/A*	*N/A*	8	5.0	15.0	10.0	1.50	0.00
Weighted Daily Average			750	0	705	12.00	8.16	33.0	*0	*0.00	24	21.00	90.00	34.50	4.50	0.00
% of Calories											12.8%	11.2%	48.0%	41.4%	5.4%	0.0%
Nutrient Guideline			550		1230										<10.00	

Wed - 09/10/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Chex Straw-Yogurt '22	bag	1500	117	0	54	1.96	0.70	0.0	29	0.0	6	1.96	22.48	2.93	0.98	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			712	45	611	5.87	2.11	1050.0	1588	0.00	60	32.86	109.45	16.30	7.43	0.00
% of Calories											33.5%	18.5%	61.5%	20.6%	9.4%	0.0%
Nutrient Guideline			550		1230										<10.00	

Thu - 09/11/2025																
AFTER-SCHOOL SNACKS	Total	500														
Bug Bites Graham Cracker	1 each	1500	120	0	115	1.00	1.00	100.0	500	0.0	2	2.0	21.0	3.5	1.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	1500	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			690	0	435	3.00	3.00	360.0	2100	180.00	93	12.00	150.00	10.50	3.00	0.00
% of Calories											53.9%	7.0%	87.0%	13.7%	3.9%	0.0%
Nutrient Guideline			550		1230										<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Sep 8, 2025 thru Sep 12, 2025

AFTER-SCHOOL SNACKS

Generated on: 9/2/2025 8:04:55 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/12/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack Sunchips Harvest MG	1.5 oz	1000	210	0	180	4.00	0.00	0.0	15	0.0	3	3.0	28.0	10.0	1.00	*N/A*
CHEESE, STRING MOZZERELLA	1 OZ.	1000	80	15	200	0.00	0.00	200.0	200	0.0	0	6.0	1.0	6.0	3.50	0.00
Weighted Daily Average			580	30	760	8.00	0.00	400.0	430	0.00	6	18.00	58.00	32.00	9.00	*0.00
% of Calories											4.1%	12.4%	40.0%	49.7%	14.0%	*0.0%
Nutrient Guideline			550		1230										<10.00	

Weighted Average			690	15	589	6.37	3.25	440.6	*1244	*72.00	59	17.97	111.49	20.76	5.39	*0.00
											76.5%	10.4%	64.6%	27.1%	7.0%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	690		550	126%				
Cholesterol (mg)	15							
Sodium 1 (mg)	589		1230	48%				
Sodium 1a (mg)	589						589	
Fiber (g)	6.37							
Iron (mg)	3.25							
Calcium (mg)	440.6							
Vitamin A (IU)	1244				Missing			
Sugars (g)	59	34.02%						
Vitamin C (mg)	72.00				Missing			
Protein (g)	17.97	10.41%						
Carbohydrate (g)	111.49	64.60%						
Total Fat (g)	20.76	27.06%						
Saturated Fat (g)	5.39	7.02%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 15, 2025 thru Sep 19, 2025

AFTER-SCHOOL SNACKS

Generated on: 9/2/2025 8:05:07 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/15/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack-Tiger grahams 2022	pkg	700	291	0	255	4.86	3.50	0.0	97	0.0	19	4.86	51.0	9.71	2.43	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	700	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			576	0	399	6.80	4.90	28.0	416	84.00	68	6.80	112.00	13.60	3.40	0.00
% of Calories											47.1%	4.7%	77.8%	21.3%	5.3%	0.0%
Nutrient Guideline			550		1230										<10.00	

Tue - 09/16/2025																
AFTER-SCHOOL SNACKS	Total	500														
Cracker, Cheez-It Wh.Gr.-2013	pkg	1500	100	0	150	1.00	1.00	100.0	500	0.0	0	0.0	14.0	3.5	1.00	0.00
Sunflower Kernels, Honey Rst.	pkg	1500	170	0	88	2.00	0.72	20.0	0	0.0	*N/A*	4.0	8.0	14.0	1.50	0.00
Weighted Daily Average			810	0	714	9.00	5.16	360.0	1500	0.00	*0	12.00	66.00	52.50	7.50	0.00
% of Calories											*0.0%	5.9%	32.6%	58.3%	8.3%	0.0%
Nutrient Guideline			550		1230										<10.00	

Wed - 09/17/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Chex Choc Carmel '22	bag	1500	127	0	49	1.96	1.06	0.0	29	0.0	6	1.96	21.51	3.91	0.49	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			741	45	597	5.87	3.17	1050.0	1588	0.00	60	32.86	106.52	19.23	5.96	0.00
% of Calories											32.2%	17.7%	57.5%	23.3%	7.2%	0.0%
Nutrient Guideline			550		1230										<10.00	

Thu - 09/18/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack ChatSnax Vanilla Gra2022	bag	1500	120	0	105	1.00	0.72	0.0	40	0.0	8	2.0	21.0	4.0	1.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	1500	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			690	0	405	3.00	2.16	60.0	720	180.00	111	12.00	150.00	12.00	3.00	0.00
% of Calories											64.3%	7.0%	87.0%	15.7%	3.9%	0.0%
Nutrient Guideline			550		1230										<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 15, 2025 thru Sep 19, 2025

AFTER-SCHOOL SNACKS

Generated on: 9/2/2025 8:05:07 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/19/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack Sunchips Original MG	1.5 oz	1000	210	0	180	4.00	0.00	0.0	15	0.0	3	3.0	28.0	10.0	1.00	*N/A*
CHEESE, STRING MOZZERELLA	1 OZ.	1000	80	15	200	0.00	0.00	200.0	200	0.0	0	6.0	1.0	6.0	3.50	0.00
Weighted Daily Average			580	30	760	8.00	0.00	400.0	430	0.00	6	18.00	58.00	32.00	9.00	*0.00
% of Calories											4.1%	12.4%	40.0%	49.7%	14.0%	*0.0%
Nutrient Guideline			550		1230										<10.00	

Weighted Average			679	15	575	6.53	3.08	379.6	931	52.80	*49 *64.7%	16.33 9.6%	98.50 58.0%	25.87 34.3%	5.77 7.6%	*0.00 *0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	679		550	124%				
Cholesterol (mg)	15							
Sodium 1 (mg)	575		1230	47%				
Sodium 1a (mg)	575						575	
Fiber (g)	6.53							
Iron (mg)	3.08							
Calcium (mg)	379.6							
Vitamin A (IU)	931							
Sugars (g)	49	28.78%			Missing			
Vitamin C (mg)	52.80							
Protein (g)	16.33	9.62%						
Carbohydrate (g)	98.50	57.99%						
Total Fat (g)	25.87	34.26%						
Saturated Fat (g)	5.77	7.65%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Base Menu Spreadsheet

Portion Values - Detailed

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Sep 22, 2025 thru Sep 26, 2025

AFTER-SCHOOL SNACKS

Generated on: 9/2/2025 8:05:22 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcmm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/22/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack-Scooby grahams 2022	pkg	1500	120	0	115	1.00	1.00	100.0	500	0.0	8	2.0	21.0	3.5	1.00	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	1500	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			720	0	435	3.00	3.00	360.0	2100	180.00	111	6.00	150.00	10.50	3.00	0.00
% of Calories											61.7%	3.3%	83.3%	13.1%	3.7%	0.0%
Nutrient Guideline			550		1230										<10.00	

Tue - 09/23/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Heartzel Pretzels '22	bag	1500	80	0	200	2.00	0.72	0.0	0	0.0	0	2.0	15.0	1.5	0.00	0.00
SPREAD, CHOCOLATE '25	SERVING (1M/MMA)	1500	170	0	35	2.00	2.00	11.0	*N/A*	*N/A*	8	5.0	15.0	10.0	1.50	0.00
Weighted Daily Average			750	0	705	12.00	8.16	33.0	*0	*0.00	24	21.00	90.00	34.50	4.50	0.00
% of Calories											12.8%	11.2%	48.0%	41.4%	5.4%	0.0%
Nutrient Guideline			550		1230										<10.00	

Wed - 09/24/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack, Chex Straw-Yogurt '22	bag	1500	117	0	54	1.96	0.70	0.0	29	0.0	6	1.96	22.48	2.93	0.98	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			712	45	611	5.87	2.11	1050.0	1588	0.00	60	32.86	109.45	16.30	7.43	0.00
% of Calories											33.5%	18.5%	61.5%	20.6%	9.4%	0.0%
Nutrient Guideline			550		1230										<10.00	

Thu - 09/25/2025																
AFTER-SCHOOL SNACKS	Total	500														
Bug Bites Graham Cracker	1 each	1500	120	0	115	1.00	1.00	100.0	500	0.0	2	2.0	21.0	3.5	1.00	0.00
Juice, apple 8oz. DW-2024	CARTONS	1500	110	0	30	0.00	0.00	20.0	200	60.0	29	2.0	29.0	0.0	0.00	0.00
Weighted Daily Average			690	0	435	3.00	3.00	360.0	2100	180.00	93	12.00	150.00	10.50	3.00	0.00
% of Calories											53.9%	7.0%	87.0%	13.7%	3.9%	0.0%
Nutrient Guideline			550		1230										<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Sep 22, 2025 thru Sep 26, 2025

AFTER-SCHOOL SNACKS

Generated on: 9/2/2025 8:05:22 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 09/26/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack Sunchips Harvest MG	1.5 oz	1000	210	0	180	4.00	0.00	0.0	15	0.0	3	3.0	28.0	10.0	1.00	*N/A*
CHEESE, STRING MOZZERELLA	1 OZ.	1000	80	15	200	0.00	0.00	200.0	200	0.0	0	6.0	1.0	6.0	3.50	0.00
Weighted Daily Average			580	30	760	8.00	0.00	400.0	430	0.00	6	18.00	58.00	32.00	9.00	*0.00
% of Calories											4.1%	12.4%	40.0%	49.7%	14.0%	*0.0%
Nutrient Guideline			550		1230										<10.00	

Weighted Average			690	15	589	6.37	3.25	440.6	*1244	*72.00	59	17.97	111.49	20.76	5.39	*0.00
											76.5%	10.4%	64.6%	27.1%	7.0%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	690		550	126%				
Cholesterol (mg)	15							
Sodium 1 (mg)	589		1230	48%				
Sodium 1a (mg)	589						589	
Fiber (g)	6.37							
Iron (mg)	3.25							
Calcium (mg)	440.6							
Vitamin A (IU)	1244				Missing			
Sugars (g)	59	34.02%						
Vitamin C (mg)	72.00				Missing			
Protein (g)	17.97	10.41%						
Carbohydrate (g)	111.49	64.60%						
Total Fat (g)	20.76	27.06%						
Saturated Fat (g)	5.39	7.02%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 29, 2025 thru Sep 30, 2025

AFTER-SCHOOL SNACKS

Generated on: 9/2/2025 8:06:02 AM

	Portion Size	Relmb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcsm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/29/2025																
AFTER-SCHOOL SNACKS	Total	500														
Snack-Tiger grahams 2022	pkg	700	291	0	255	4.86	3.50	0.0	97	0.0	19	4.86	51.0	9.71	2.43	0.00
Juice, Wildberry, 8oz, 2024	CARTONS	700	120	0	30	0.00	0.00	20.0	200	60.0	29	0.0	29.0	0.0	0.00	0.00
Weighted Daily Average			576	0	399	6.80	4.90	28.0	416	84.00	68	6.80	112.00	13.60	3.40	0.00
% of Calories											47.1%	4.7%	77.8%	21.3%	5.3%	0.0%
Nutrient Guideline			550		1230										<10.00	

Tue - 09/30/2025																
AFTER-SCHOOL SNACKS	Total	500														
Cracker, Cheez-It Wh.Gr.-2013	pkg	1500	100	0	150	1.00	1.00	100.0	500	0.0	0	0.0	14.0	3.5	1.00	0.00
Sunflower Kernels, Honey Rst.	pkg	1500	170	0	88	2.00	0.72	20.0	0	0.0	*N/A*	4.0	8.0	14.0	1.50	0.00
Weighted Daily Average			810	0	714	9.00	5.16	360.0	1500	0.00	*0	12.00	66.00	52.50	7.50	0.00
% of Calories											*0.0%	5.9%	32.6%	58.3%	8.3%	0.0%
Nutrient Guideline			550		1230										<10.00	

Weighted Average			693	0	556	7.90	5.03	194.0	958	42.00	*34	9.40	89.00	33.05	5.45	0.00
											*44.0%	5.4%	51.4%	42.9%	7.1%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	693		550					
Cholesterol (mg)	0							
Sodium 1 (mg)	556		1230					
Sodium 1a (mg)	556							
Fiber (g)	7.90							
Iron (mg)	5.03							
Calcium (mg)	194.0							
Vitamin A (IU)	958							
Sugars (g)	34	19.57%			Missing			
Vitamin C (mg)	42.00							
Protein (g)	9.40	5.43%						
Carbohydrate (g)	89.00	51.37%						
Total Fat (g)	33.05	42.92%						
Saturated Fat (g)	5.45	7.08%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
*Data comparisons are not available for one or two day selections															

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
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